

Antibiotic Pre-Medication

Experts have long recommended that people with heart problems, such as mitral valve prolapse, take antibiotics before dental procedures to prevent heart infection. But according to new American Heart Association guidelines, taking "predental" antibiotics usually isn't worth the risk of allergic reactions or antibiotic resistance. High-risk patients, such as those with artificial heart valves, should still take the precaution. If you've taken predental antibiotics in the past, ask your doctor whether you should do so in the future.